



Indigenous Counselling and Cultural Supports for CPA Learners (TELUS Health)

TELUS Health member assistance program (MAP) provides CPA learners with **free and confidential** help for school, work, health or life concerns.



Indigenous-specific supports are available and can be requested directly, including the option to be matched with an Indigenous counsellor to support culturally safe and relevant care. TELUS Health has **Indigenous registered clinical counsellors and social workers (master's level)** that are located throughout BC.*

The TELUS Health call centre will help you arrange counselling support through available modalities, which could **include in-person, telephonic or video counselling support**. To begin working with an Indigenous counsellor, you can request one during the online or phone intake process.

TELUS Health Services Include



Immediate
Wellness
Support



Professional
Guidance &
Support



Wellbeing
Assessment



Interactive
Wellness
Programs



Resource
Hub

Access TELUS Health

- Download the TELUS Health One app or visit one.telushealth.com
- Click 'Log in'
- Log in with the following username and password
 - Username: **bccpa**
 - Password: **Lifeworks**



Contact Us

memberservices@bccpa.ca | 604-484-7006 | bccpa.ca

*Please note that wait times may be longer due to the specialized nature of this service, location and availability of Indigenous counsellors.