

Grades 10 & 11 Workshop: Budgeting and Savings

Lesson Plan

Component	Learning Objectives	Content	Format	Suggested Resources	Time
1. Introduction	Understand purpose of session	Facilitator introduces themself Facilitator sets context of session	Introduction of facilitator and workshop objectives (3 mins)		3 mins
2. Budgeting & Saving introduction	Understand difference between a want and a need	 What are wants? Some examples? What are needs? Some examples? What is a budget? What is an expense? Why do we need to make a budget? 	• Class Discussion (5 mins)	• 1 Flip-chart	5 mins
3. Group Activity: Case Study 1 - Budgeting	Understand the importance of rationalizing needs over wants Use decision-making and problem-solving skills to come up with the best solution	Group exercise - Students will be given a case study and have to create a budget Students will be in groups (4 groups total works best) Students will have to determine what items are needs and wants and roughly what things will cost Students will get familiar with creating a budget	Intro to exercise – explain instructions (1 min) Students complete case study (10 mins)	1 piece of paper/group Markers Pencils/pens	11 mins
4. Group Activity: Case Study Take-Up and Discussion	Discuss the importance of a budget and deciphering between needs and wants	Discuss case study with students Allow students to share what advice they would give lan	Discussion (5 mins)	• 1 Flip-chart	5 mins
5. Group Activity: Case Study 2 - Saving	Understand the importance of saving and how much things cost	Group exercise - Students will be given a case study and will have to answer questions Students will be in groups (4 groups total works best)	Intro to exercise – explain instructions (1 mins) Students complete case study (10 mins)	 1 piece of paper/group Markers Pencils/pens 	11 mins



Component	Learning Objectives	Content	Format	Suggested Resources	Time
6. 6. Group Activity: Case Study 2 Take-Up and Discussion	Discuss the importance of saving and answer any questions students may have	Discuss case study with students Allow students to comment on their thoughts and advice for lan	Discussion (5 mins)	• 1 Flip-chart	5 mins
7. 7. Closing	Reinforce lessons learned	• What did you learn?	• Q&A - Interactive (5 mins)		5 mins

45 mins