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Mentorship Meeting Template for Mentees

Pre-Meeting Checklist: Complete a semi-annual *Experience Report* documenting your progression and competency development; ensure your Experience Report has been verified Ensure your Self-Assessed Proficiencies in the Technical Competencies are reasonable Document any progress you have made in your Enabling Competencies Request a Mentor Meeting in PERT and initiate a meeting with your mentor Prepare an agenda or what you plan to discuss with your mentor; consider some of the Great Questions to Ask Your Mentor Meeting Notes: Meeting Date: What? (What issue could you use your mentor's assistance with?) So What? (What alternative options did you explore in addressing this issue?) Now What? (What new behaviours/next steps/goals have you established? What will you work on?) Post Meeting Checklist: Next Meeting Date: Ensure your mentor has documented their Mentor Meeting in PERT Schedule your next meeting by your Next Experience Report Date in PERT Work on making progress towards your goals; take some notes to share with your mentor for your next meeting